

THE INTERNATIONAL GUILD OF KNOT TYERS

www.surreyknots.org.uk

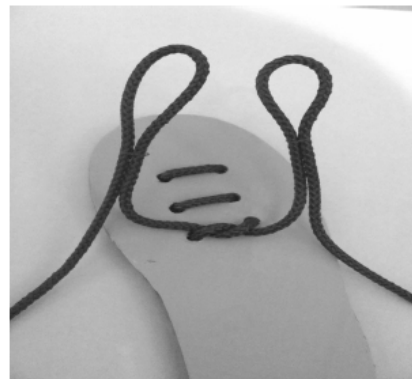


Shoe Lace Knot (new way)



Original Drawing By
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To make the first knot, put one lace over the other and tuck it under, pulling the laces until they are tight on your foot (this first knot is called an **overhand knot**) then make two large loops in the rest of each lace



Cross the loops over each other



Put the loop that is on top round and through the hole in the middle of the knot (between the loops and your first knot) and up to where it was, do not let go, then do the same with the other loop around the other way



Pull on the two loops. The knot is now finished (no need for an extra knot on top) this knot is 3 times more secure than the normal shoe lace knot



To undo just pull the two ends

If your knot is going north/south along your shoe, try changing the direction of the first knot this will make it sit across your shoe

Chart No.
P4

For further information about the Guild and its local branches across the world

Please go to www.igkt.net

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